

EMERGENCY ACTION PLAN

MARKHAM IRISH CANADIAN RUGBY CLUB (MICRC™), 150 Austin Drive, Markham, Ontario, L3R 6M7

These items must be present at home games and practices:

- Fully stocked medical kit.
- Cellular telephone for Call Person
- Physiotherapist, trainer or other certified first aid personnel.

When an injury occurs, three roles are required: A CHARGE PERSON, CALL PERSON AND CONTROL PERSON

CHARGE PERSON

This pre-designated individual will be responsible for managing and coordinating the emergency situation. This person will activate the Emergency Action Plan when deemed necessary. This person also assesses the situation and injury status of the athlete. The Charge Person will appoint a CALL PERSON and CONTROL PERSON.

CALL PERSON

This person is appointed prior to the game or practice. This individual will be required to activate the emergency system by calling 911 and informing the dispatcher the nature of the medical emergency with the following information:

- Type of emergency (injuries sustained by player/number of casualties).
- If neck or spinal injury is suspected, NO ATTEMPT SHOULD BE MADE TO MOVE THE PLAYER until medical help arrives.
- Level of consciousness.
- Is the injured player bleeding?
- What type of first aid has been administered.
- Directions to MICRC Clubhouse – 150 Austin Drive
 - **From Hwy #404** - Exit Hwy #404 at Hwy #7. Go east on Hwy #7 until Kennedy Rd. Turn left on Kennedy Rd (north) and go to 1st set of lights - Austin Drive. Turn right on Austin Dr. and continue until you reach the field.
 - **From Hwy #407** -Exit Hwy #407 at Kennedy and go north. Continue north until you reach Austin Dr. (1st set of lights north of Hwy#7). Turn right on Austin Dr. and continue until you reach the field.
- Provide number of cell phone from which you are calling.
- Ask for estimated time of arrival.

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- Wait for arrival of ambulance and provide directions to injured party.

REMEMBER – LET DISPATCHER TERMINATE THE CALL

The Call Person will report back to the Charge Person that the ambulance has been called and provide an estimated time of arrival.

CONTROL PERSON

This person is appointed prior to the game or practice. This individual is expected to keep the crowd away from the injured player/person and be in control of the situation. Referee and touch judge assistance should be considered.

LOCATION OF NEAREST HOSPITAL

Markham Stouffville Hospital - 381 Church St, Markham, ON L6B 1A1, Canada

Phone: (905) 472-7000

Admitting: (905) 472-7113

Emergency: (905) 472-7111

Inquiries and
Patient Information (905) 472-7110

Directions: To get to Markham Stouffville Hospital from the MICRC Clubhouse (also see map appended to following page):

- Travel east on Austin Drive until you reach Bullock Drive;
- turn right on Bullock Drive until you reach Hwy 7;
- turn left on Hwy 7 and continue on Hwy 7 for approximately 4.8 Km until you reach 9th line;
- turn left onto 9th Line;
- follow 9th line until you reach Church Street;
- Turn right on Church Street and follow into hospital.

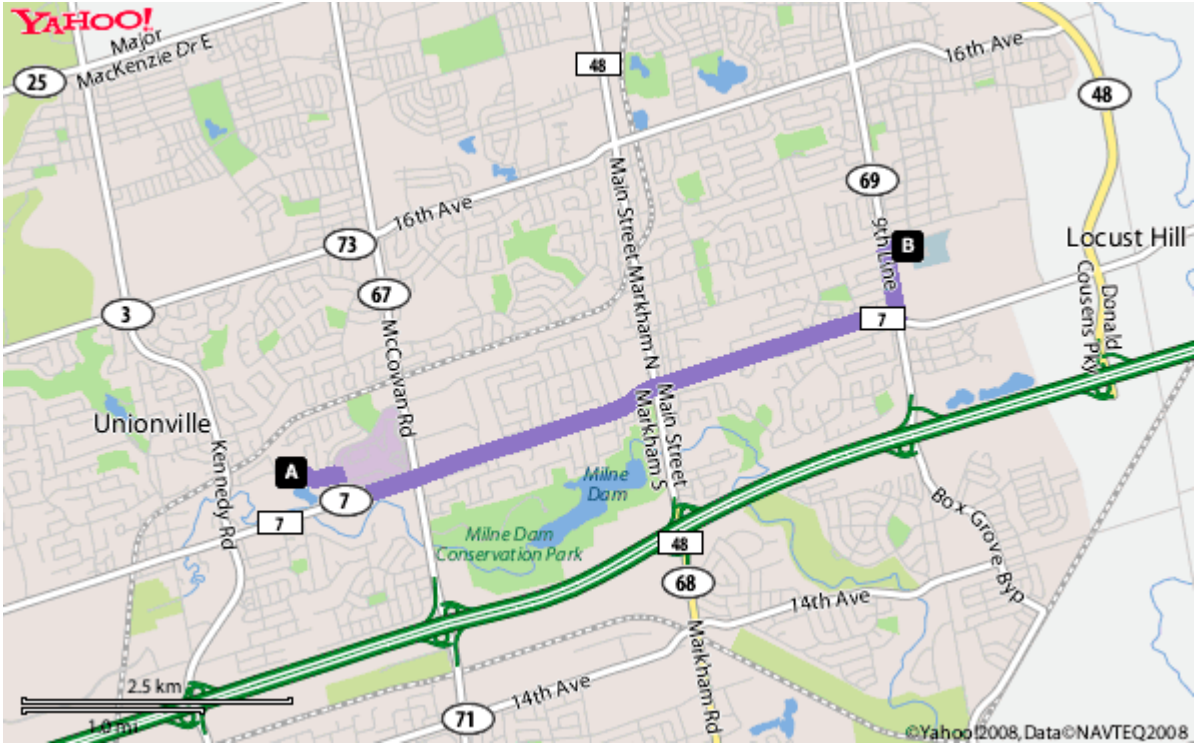
LOCATION OF SECONDARY HOSPITAL

North York General Hospital - 555 Finch Avenue West, North York, ON M2R 1N5, Canada.

Phone: (416) 633-9420

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Map to Nearest Hospital



Pat Hodgins
President

January 14, 2014